



Christ the Sower Ecumenical Primary School Physical Education (PE) Policy

Our Vision

At Christ the Sower Ecumenical Primary School we provide the 'good earth' for **all** our children to flourish and achieve their **full potential**; so that every child can learn and explore who they are created to be. With the **highest of expectations**, we individually and collectively, will **care for, nurture, and develop** each and **every child**.

Members of staff responsible:

Headteacher Ms M Nugent

Physical Education Leader: Mr C Froud

Teaching Staff

Support Staff

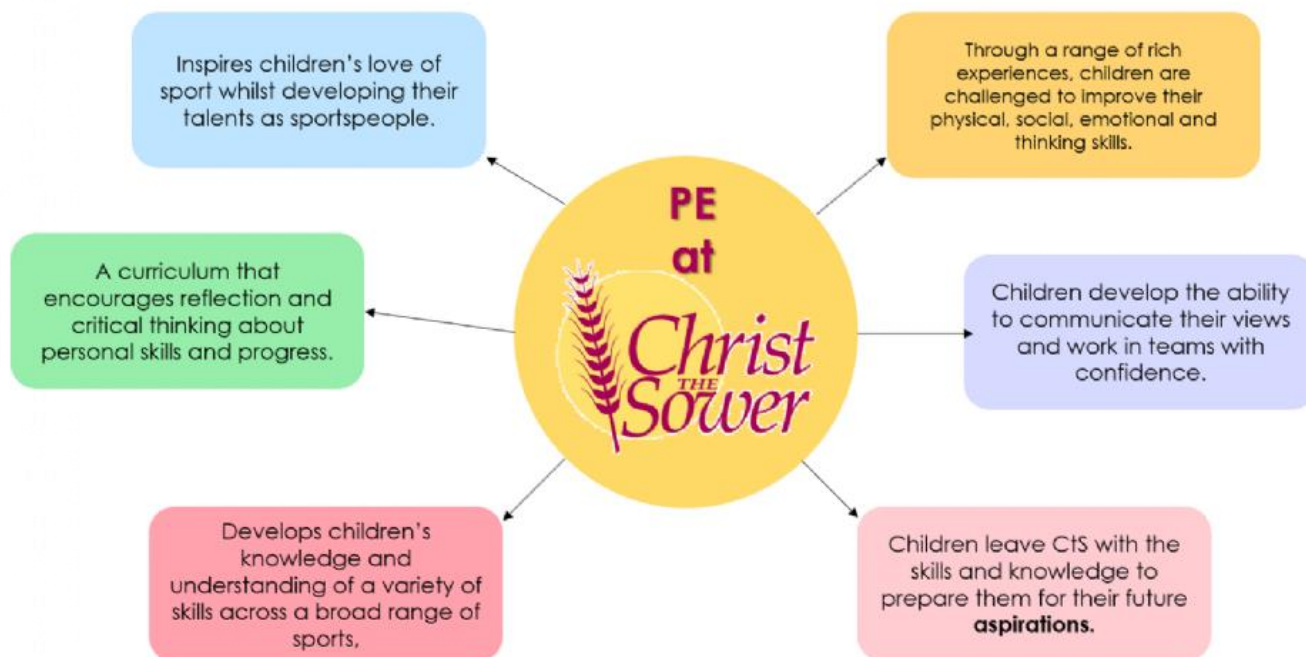
Date of policy: Autumn 2023



Contents

1. Introduction & Aims
2. Implementation
3. PE in EYFS
4. Impact
5. Competition at CTS

1. Introduction & Aims



At Christ the Sower Ecumenical Primary School, we recognise the importance PE plays in the curriculum and are committed to providing all children with opportunities to engage fully in Physical Education. The aim of our PE programme is to develop children's basic physical competencies, build confidence in their ability and build the foundations for a lifelong love of sport, physical activity and a healthy lifestyle. PE lessons encourage children to compete against themselves and others whilst being challenged to improve their physical, social, emotional and thinking skills. These skills are embedded in the heart of our planning. Our objectives in the teaching of PE align with the National Curriculum in that we aim to ensure all pupils:

- Develop competence to excel in a broad range of physical activities.
- Are physically active for sustained periods of time.
- Engage in competitive sports and activities Lead healthy, active lives.

2. Implementation

Our PE lessons are planned using the Complete PE platform, which aligns with our core values, our whole child approach to PE and the objectives laid out in the National Curriculum. Complete PE is planned so that progression is built into the scheme, which ensures our children are increasingly challenged as they move up through the school.

The curriculum planning in PE is carried out in three phases (long-term, medium-term and short-term). The long-term plan maps out the PE activities covered in each term during the key stage. The PE subject leader works this out in conjunction with teaching colleagues and pupils in each year group. Together we create a broad and balanced curriculum that is exciting for our children to learn through. Our medium-term plans give details of each unit of work for each term. These schemes of work provide an overview of the unit, links to other areas of the National Curriculum and assessment criteria for that unit. The short-term lesson plans provide opportunities for

children of all abilities to develop their skills, knowledge and understanding in each activity area. Children partake in two physical education lessons per week: indoor and outdoor. The PE Lead and the Milton Keynes Schools Sports Partnership support the teachers in their continued professional development. We are a very well-resourced school which enables lessons to be taught effectively and allows children to learn the key skills using the correctly sized equipment.

3. PE in EYFS

We encourage the physical development of our children in the nursery and reception class as an integral part of their work. As these classes are part of the Foundation Stage of the National Curriculum, we relate the physical development of the children to the objectives set out in the Early Learning Goals, which underpin the curriculum planning for children aged three to five years of age. We encourage the children to develop confidence and control of the way they move, and the way they handle tools and equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills.

4. Impact

We assess the children's work in PE, both by making informal judgements, as we observe them during lessons, and through assessing against the specific objectives set out in the National Curriculum and recorded using the Complete PE assessment software. We have clear expectations of what the pupils will know, understand and be able to do at the end of each Key Stage. Teachers are supported with resources to know how to prepare children for their next phase of education. These resources include the Complete PE progression of skills document, progression ladders and knowledge organisers.

The planning and coordination of the teaching of PE is the responsibility of the subject leader, who:

- Supports colleagues in their teaching, providing a strategic lead and direction.
- Evaluates the strengths and areas for development in the subject through staff and pupil voice questionnaires.
- Reviews evidence of the children's work and observes PE lessons.

The quality of teaching and learning in PE is monitored and evaluated by the subject leader and is overseen by SLT.

5. Competition at CTS

As part of the children's sporting experience at CTS the children are given opportunities to compete against each other, in house competitions, or against other schools in a variety of different sports. In partnership with the Milton Keynes School Sports Partnership and following the School Games Values (**Honesty, Teamwork, Respect, Passion, Eco-Friendly, Determination, Self-Belief**) the children have plenty of opportunities to develop both their physical skills, as well as their mental skills through competition.

Our aim is to offer every child an opportunity to represent the school during their journey through CTS in the hope this encourages them to find “their sport” and will continue to enjoy sport into secondary school and beyond.