Christ the Sower Ecumenical Primary School

PSHE
Knowledge Organiser

EYFS • Spring 1

Dreams and Goals

Character Virtue

Perseverance

Focus Question: How can I work towards my dreams and goals?

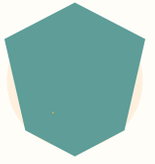
Key Vocabulary

dream	Something I would like to do.
goal	Something I want to achieve.
persevere	Keep trying when it is hard.
challenge	Something that is tricky.
encourage	Use words that help someone try.
proud	Happy about what I have done.

Key Learning

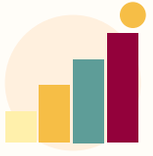
- I can be brave and try, even when I feel worried.
- I know that practising helps me do tricky things.
- I can talk about something I achieved by not giving up.
- I can encourage others with kind, helpful words.
- I know the things I learn now can help me in the future.

Dreams and Goals in Action



Be brave

We can feel strong inside and keep going.



Keep practising

Try again when a challenge feels tricky.



Dream of the future

Our skills can help us do different jobs one day.

Remember and Try

- Try again when something is difficult.
- Say “I can keep trying!” to yourself.
- Encourage a friend who needs support.

End Point

I can keep trying to reach a goal, celebrate my progress and encourage other people.