Christ the Sower Ecumenical Primary School

PSHE
Knowledge Organiser

EYFS • Summer 1
Relationships

Character Virtue
Respect

Focus Question: How can I build kind, healthy relationships?

Key Vocabulary

family	People who care for one another.
belong	Feeling part of a group.
friend	Someone we enjoy and care about.
lonely	Feeling you have no one to play with.
kindness	Words and actions that help others.
calm	Feeling settled and peaceful.

Key Learning

- I can talk about my family and how I help at home.
- I know friendly words and actions can help me make friends.
- I can try to solve a problem or argument and stay friends.
- I understand unkind words can hurt people's feelings.
- I can use Calm Me time when I feel upset or angry.

Relationships in Action



We all belong

Families can look different; everyone can help.



Be a good friend

Invite others to play and use kind words.



Calm Me time

Breathe slowly when feelings get too big.

Remember and Try

- Invite someone to join your game.
- Use kind words to make problems better.
- Stop, breathe and ask for help when upset.

End Point

I can be a kind friend, help solve problems and use ways to manage my feelings.