Christ the Sower Ecumenical Primary School

PSHE
Knowledge Organiser

Year 3 – Spring 1
Dreams and Goals

Character Virtue
Perseverance

Focus Question: How can I achieve my goals?

Key Vocabulary

perseverance	Keeping going when it is hard.
determination	Trying hard to succeed.
challenge	Something that tests us.
goal	Something we aim to achieve.
wellbeing	Feeling healthy, safe and happy.
obstacle	Something that gets in the way.
community	People living or working together.

Key Learning

- I can persevere through a team challenge.
- I know people can overcome difficulties and succeed.
- I can plan a safe and healthy garden.
- I can work with others on a shared goal.
- I can overcome obstacles to create an inclusive space.

Dreams and Goals in Action



Keep trying

Determination helps with tricky challenges.



Learn from others

Maggie Aderin-Pocock followed her dreams.



Community garden

Plan welcoming, safe and healthy spaces.

Remember and Try

- Share ideas, listen and work together.
- Plan steps and stay within the budget.
- Adapt plans when obstacles appear.

End Point

I can work towards a shared goal, persevere through challenges and plan a safe, healthy community garden for everyone.