Christ the Sower Ecumenical Primary School

PSHE
Knowledge Organiser

Year 1 – Autumn 1
Being Me in My World

Character Virtue
Caring

Focus Question: Who am I and where do I fit in?

Key Vocabulary

caring	Noticing feelings and offering help.
belong	Feeling included in our class.
right	Something everyone should have.
responsibility	Something we should do.
proud	Happy about an achievement.
choice	Something we decide to do.
consequence	What happens after a choice.

Key Learning

- I can notice when somebody needs help or feels sad.
- I know we all have the right to learn and belong.
- I can explain how our class rules help us learn.
- I can say how it feels to be proud of my effort.
- I understand my choices have consequences.

Learning in Action



Show someone you care
Notice how others feel and offer help.



Belong in our class
We listen, learn and include everybody.



Think about choices
My actions can affect other people.

Remember and Try

- Offer help when someone needs it.
- Listen and take care of each other.
- Think about what may happen next.

End Point

I can show care, explain my class rights and responsibilities, feel proud and make thoughtful choices.