

## Weekly Menu: CTS Autumn Term 2020 Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Main	Main	Main	Main	Main
Roast Chicken	Beef Meatballs	Chicken Korma	All Day Breakfast	Bubble Fish
Veggie Nuggets	Veggie Bolognaise	Vegetable Ravioli	All Day Vegetarian Breakfast	Vegetarian Sausage Roll
Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato	Jacket Potato
Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
Ham Sandwich	Tuna Sandwich	Ham Sandwich	Tuna Sandwich	Ham Sandwich
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Roast Potatoes	Wholemeal Pasta	Steamed Rice	JP Filling- Baked Beans	Oven Baked Chips
Farmhouse Vegetables	Carrots	Mixed Vegetables	JP Filling- Cheese	Garden Peas
JP Filling- Baked Beans	JP Filling- Baked Beans	Naan Bread	JP Filling- Ham	JP Filling- Baked Beans
JP Filling- Cheese	JP Filling- Cheese	JP Filling- Baked Beans	JP Filling- Tuna Mayo	JP Filling- Cheese
JP Filling- Ham	JP Filling- Ham	JP Filling- Cheese		JP Filling- Ham
JP Filling- Tuna Mayo	JP Filling- Tuna Mayo	JP Filling- Ham		JP Filling- Tuna Mayo
		JP Filling- Tuna Mayo		
Dessert	Dessert	Dessert	Dessert	Dessert
Honey Cake	Banana Cake	Chocolate Fudge Pudding	Natural Yoghurt With Blueberries & Honey	Shortbread Cookie
Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt

### Allergens

**Beef Meatballs:** Cereals containing gluten; **Ham Sandwich:** Cereals containing gluten, Milk; **Cheese Sandwich:** Cereals containing gluten, Milk; **Tuna Sandwich:** Cereals containing gluten, Eggs, Fish, Milk; **Wholemeal Pasta:** Cereals containing gluten; **Jacket Potato:** No allergens; **JP Filling- Cheese:** Milk; **JP Filling- Baked Beans:** No allergens; **JP Filling- Tuna Mayo:** Eggs, Fish; **Roast Chicken:** No allergens; **Veggie Bolognaise:** Celery, Soya; **Vegetable Ravioli:** Cereals containing gluten; **Veggie Nuggets:** Cereals containing gluten; **All Day Breakfast:** Cereals containing gluten, Eggs; **Bubble Fish:** Fish; **Vegetarian Sausage Roll:** Cereals containing gluten, Eggs; **All Day Vegetarian Breakfast:** Cereals containing gluten, Eggs, Soya; **Honey Cake:** Cereals containing gluten, Eggs; **Natural Yoghurt With Blueberries & Honey:** Milk; **Chicken Korma:** Milk, Mustard; **Naan Bread:** Cereals containing gluten; **Chocolate Fudge Pudding:** Cereals containing gluten, Eggs, Milk; **Banana Cake:**

Cereals containing gluten, Eggs, Milk; **Shortbread Cookie:** Cereals containing gluten